

Fitness themed ideas



Park Run

Approach your local Park Run to see if they will dedicate a morning run in support of your 777 fundraiser.



Fitness challenge

Host a fundraising fitness challenge at your local gym. E.g., a burpees or sit-ups challenge or workout for which you can charge an entry fee.



Themed fun run

Pick a theme and a location and get creative. Charge a fee to enter and give prizes for best-dressed.



Games day

Host a games day in your backyard or a local park with fun games like three-legged race, egg and spoon race, cornhole etc. Charge a small fee to play each game.

Workplace ideas



Workplace giving

Share information about Bravehearts and your involvement in the 777. Colleagues can opt to support, or your company may be able to donate a percentage of sales.



Guessing competition

Fill a large jar with lollies and have your colleagues guess how many are in the jar for a gold coin donation. Prize is the contents of the jar.



Matched giving

Ask your company to dollar match the donations you receive from your fundraiser.



Crazy socks/tie/hair day

Charge your colleagues a gold coin to come in wearing their loudest tie, craziest socks or stilliest hair do.

Event ideas



Karaoke night

Ask your local pub or club to donate their stage and equipment and host your own karaoke fundraising night, charging a donation to sing.



BBQ fundraiser

Organise your own fundraising BBQ or sign up for a Bunnings BBQ. Ask local supermarkets, butchers and bakeries to donate the supplies you need.



Trivia night

Host a trivia night for your friends and work colleagues and charge a nominal amount for each person to enter.



Garage sale

Gather all the things you no longer need and ask your friends and family to do the same. Have a garage sale with funds raised going toward Bravehearts.



Dinner party or luncheon

Host a dinner party or luncheon and ask your friends to contribute a donation for your invite.



Wine tasting

Host a wine tasting evening for your friends. Approach a local winery to donate or discount wine.



Cocktail party

Host a cocktail party where guests donate the supplies to create and share their own signature cocktails. Charge a cover fee for attendance.



High tea or breakfast

Host a breakfast or high tea with a set ticket price to cover costs.

Other ideas

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Donation box

Ask the managers of your local cafés or shops to place a donation box on their counter. Bravehearts can provide you with a secure donation box.
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Birthday fundraiser

Encourage your friends, family and followers to donate to Bravehearts in lieu of buying you a present.
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Raffle basket

Ask local businesses to donate prizes for a raffle basket. You can sell tickets at your workplace and among family and friends.

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Donate for a dare

Ask people to donate to watch you take on a dare, such as shaving your head or going bungee jumping.
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Kick a habit for a cause

Ask friends and family to donate toward you quitting an unhealthy habit for a month, such as sugar, alcohol, caffeine or junk food.
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Give up takeaway for a day

Ask friends and family to forfeit a takeaway lunch or coffee for one day and donate the money they would have spent on those items to your fundraiser.

Notes:
